

JUNIOR FOODS

CLASS 46

Committee: Robin Brooks (519-855-9726), Debi Clare, Lindsay Clare, Emily Brooks, Natalie Brooks

Sponsored in part by:
James Murray

INSTRUCTIONS: Suggestions for winning entries, items to be placed on **SMALL** paper plates and covered with **CLEAN PLASTIC BAGS OR PLASTIC WRAP** (PROVIDED BY THE EXHIBITOR) with the exception of **CAKES** which must be on **STURDY CARDBOARD COVERED WITH FOIL. Please indicate age on outside of entry tag.** All entries must be in the Exhibit Hall by 10:00 am Friday of the Fair and may be picked up **AFTER** closing ceremonies, 4:00 pm on Monday of the Fair. **NOTE: THIS CLASS IS OPEN TO ALL CHILDREN WHO HAVE REACHED THEIR 16TH BIRTHDAY BY THE END OF THIS FALL FAIR YEAR. PARENTS ARE URGED TO ALLOW THE CHILDREN TO DO THE WORK AND PREPARATION OF THE EXHIBITS WITHOUT ASSISTANCE. PLEASE ENCOURAGE THEM IN EVERY WAY, BUT REMEMBER THAT EVERY BIT OF WORK YOU DO FOR THEM HELPS DEFEAT THE OBJECTIVES OF THE FAIR. NO MIXES TO BE USED. NO MIXES OR PURCHASED PIE FILLING OR PASTRY.**

AGES 6 AND UNDER - Please indicate age on outside of entry tag

1. Jam Sandwich – using white bread make a jam sandwich with any flavour of jam you like, then cut and display on a small plate.
2. Rice Cake Face – decorate a rice cake into a face using anything edible.
3. Homemade Trail mix – what are your favourite things to have in a trail mix? Put them all together in a sandwich sized zip lock bag to display.
4. Unbaked Squares – make 3 unbaked squares and display on small plate.
5. Fair Themed Sugar Cookies – make and display 3 sugar cookies iced and decorated with the fair theme "Bounty for the County" (parents may assist with the preparation, child to ice and decorate).

AGES 7-11 - Please indicate age on outside of entry tag

6. Healthy Trail Mix – create your own version of a healthy trail mix, display in a sandwich sized zip lock bag.
7. Rice Krispie Treat Farm Animal – using Rice Krispie treats make a farm animal and decorate with anything edible.
8. Fruit Tarts – make 3 fruit filled tarts any flavour.

9. Apple Oatmeal Muffins – using the recipe provided make and display 3 muffins

APPLE OATMEAL MUFFINS

2 eggs, 3/4 cup milk, 1/2 cup vegetable oil, 1 cup all purpose flour

1 cup uncooked quick oats, 1/3 cup sugar, 1 tbsp baking powder, 1 tsp salt,

1 tsp of nutmeg, 1/2 tsp cinnamon, 2 apples peeled cored and chopped

Preheat oven to 400. Grease muffin tin. Lightly beat eggs, add milk and oil stir until just blended. Stir in flour, oats, sugar, baking powder, salt, nutmeg, and cinnamon, mix until just moistened (do not over mix). Gently fold in apples. Spoon batter into greased muffin tins. Bake for 15-20 minutes or until toothpick comes out clean. Cool 5 mins. in pan before removing.

10. My Favourite Squares – what squares can you not leave on the tray? Make them and display 3 pieces.

AGES 12-16 - Please indicate age on outside of entry tag

11. Fruit Tarts – make 3 fruit filled tarts any flavour
12. Cheese Tea Biscuits – make and display 3 cheese tea biscuits approx. 2 1/2"
13. Pumpkin Cookies – make and display 3 cookies
14. Cinnamon Bun Iced – make and display 1 iced cinnamon bun
15. Homemade Caramel Popcorn – display in a zip lock sandwich sized bag

CANNING: Jars must be sealed with new lids, half-pint, 8 oz jars or metric equivalent

OPEN TO ALL AGES - Please indicate age on outside of entry tag

16. Homemade Jam recipe to be included
17. Something pickled, please label
18. Spaghetti Sauce (no meat)
19. Peach Salsa

PRIZE MONEY: Sections 1-19: 1st \$5, 2nd \$4, 3rd \$3, 4th \$2

A Special Award of \$20 will be given to the exhibitor with most points in Sections 1-19 and \$15 to the person with the second most points, **sponsored by JESS FOR YOU CAFÉ AND BAKED GOODS**. To be presented in the Exhibits Hall, Centre Stage, 4:00 pm Monday of Fair.

SPECIALS AGES 7 & AND UNDER - Please indicate age on outside of entry tag

20. Thumb Print Cookies filled with Jam (5)
PRIZE MONEY: 1st \$15, 2nd \$10, 3rd \$7, 4th \$5
Sponsored by: BULK BARN, Orangeville
21. Brownies – make and decorate 3 brownies in fall colours
PRIZE MONEY: 1st \$15, 2nd \$8, 3rd \$5
Sponsored by: TINA'S HOMEMADE COOKING

22. Dessert suitable for a diabetic – include recipe
PRIZE MONEY: 1st \$15, 2nd \$8, 3rd \$5
Sponsored by: CAROL POLLOCK, Erin
23. Corn Bread – display 3 pieces approximately 2 1/2" x 2 1/2"
PRIZE MONEY: 1st \$10, 2nd \$8, 3rd \$6, all other entries \$5 each
Sponsored by: ROBIN BROOKS

SPECIALS OPEN TO ALL AGES - Please indicate age on outside of entry tag

24. Cookies made with Honey – 4 cookies using honey (recipe to accompany exhibits)
PRIZE MONEY: 1st \$10, 2nd \$8, 3rd \$5, 4th \$2
Sponsored by: FAIRHAVEN FARM, Erin
25. "Best Lunch Box Snack" 12 YEARS AND UNDER. Best homemade cookies, squares or bars. Judging will be based on appearance, taste, texture and recipe creativity (recipe to be included).
PRIZE MONEY: 1st \$15, 2nd \$10, 3rd \$7, 4th \$5
Sponsored by: ROBIN HOOD FLOUR www.robinhood.ca
26. "Best Bread" 16 YEARS AND UNDER. Best Homemade Bread as selected by the Fair. Judging will be based on appearance, taste, texture and recipe creativity. (Recipe to be included).
PRIZE MONEY: 1st \$15, 2nd \$10, 3rd \$7, 4th \$5
Sponsored by: FLEISCHMANN'S YEAST www.achfood.ca
27. Cake decorated with the fair theme present
PRIZE MONEY: 1st \$15, 2nd \$10, 3rd \$7, 4th \$5
Sponsored by: DAIRY QUEEN, Orangeville

28. OAAS PLAIN CHOCOLATE CHIP COOKIE COMPETITION (NO NUTS)

ENTRY RULES:

1. Contest is open to youth up to age 15 years (as of December 31 of current year)
2. One class only.
3. Four plain chocolate chip cookies, with no nuts. Must be no larger than 3" (6.5 cm) and no smaller than 2" (5 cm.)
PRIZE MONEY: 1st \$8, 2nd \$6, 3rd \$4, 4th \$2
Sponsored by: MARY WALL

DISTRICT COMPETITION

1. The winner from each fair will be eligible to enter at the District competition.
2. District entry must consist of 8 cookies displayed on a firm, disposable plate.
3. Plain Chocolate chip cookies, with NO nuts must be no larger than 3" (6.75cm) and no smaller than 2" (5 cm.)
4. Prize money to be paid by the District.